

# MINOR EYE CONDITIONS SERVICE (MECS)



## What is MECS?

Service video: <https://youtu.be/37ydPe5j9vw>

MECS is a service provided by Evolutio Care Innovations, for patients experiencing **recently occurring** medical eye conditions and is provided through a local network of accredited community optometrists, supported by 3 regional Evolutio Ophthalmology Clinics. Appointments are offered during practice working hours and the patient will be seen within 48 hours, but usually on the same day (depending upon the condition or symptoms experienced by the patient). All referrals are triaged by Evolutio and decide whether or not the patient can be seen in the community or needs an onward referral to hospital or rapid access services.

**Who can refer?** Self referral, Reception / Admin, GP , Pharmacist/other

## How to refer?



**Telephone** – Patient contacts Evolutio 112 Tele-triage service on **0800 112 0070** for clinical triage and signposting to most appropriate MECS provider.



**Electronically** - You can also search for a local MECS provider via [www.evolutio-ophthalmology.co.uk/find/](http://www.evolutio-ophthalmology.co.uk/find/) and contact them directly.

## Instructions to referrer

- ◆ Ask the patient to take a copy of their repeat medication with them to their appointment
- ◆ Please advise all patients referred that they will be contacted directly and to call their GP practice if they do not get a call, or if the service cannot meet their needs.
- ◆ Please ensure all patient contact details are correct.

## What conditions are covered?

### Included

- Recent blurring / reduction of vision in one or both eyes
- Red eye (s) or eyelid (s)
- Pain and/or discomfort in the eyes (NOT headaches)
- Recent onset or sudden increase in flashes and/or floaters in one or both eyes
- Mild trauma, e.g. a scratch to the outer surface of the eye or eyelid
- Suspected foreign body in the eye
- Significant recent discharge or watering of the eye
- Lumps or bumps in the vicinity of the eye (usually affects eyelids)
- Ingrowing eyelashes

### Excluded

- Children under 2
- Headaches or migraines
- Sudden onset of double vision
- Patients who are already being monitored by the hospital or GP for the same condition (e.g. cataracts)

**Patients with these conditions should go directed to the A&E department of Whipps Cross Hospital or Moorfields Eye Hospital.**

- Recent onset of severe or total loss of vision in one or both eyes
- Considerable pain
- Significant trauma, i.e penetrating injury
- Chemical injury or burn
- Problems arising from recent eye surgery

**If in doubt, please call tele triage on 0800 112 0070**